

QUICK REFERENCE GUIDE

Joining a Zoom Meeting for Clients

The Newfoundland and Labrador Centre for Health Information (NLCHI) and health care providers across the province are now offering virtual care sessions via Zoom. The goal is to minimize impact to client care and maximize infection prevention and control guidelines while promoting physical distancing.

NLCHI has developed this Quick Reference Guide for Clients to assist you in setting up a virtual meeting with your health care provider. **Please allow yourself ample time when initially accessing your first Zoom Meeting**. You will require audio and video capabilities to join a meeting.

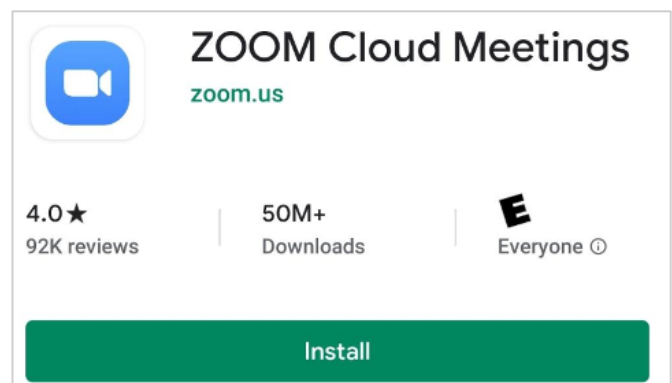
You have two options:

- Option #1: Join via Mobile Device.
- Option #2: Join via Desktop/Laptop.
Please refer to your preferred option.

If you require further assistance, please email info.telehealth@nlchi.nl.ca.

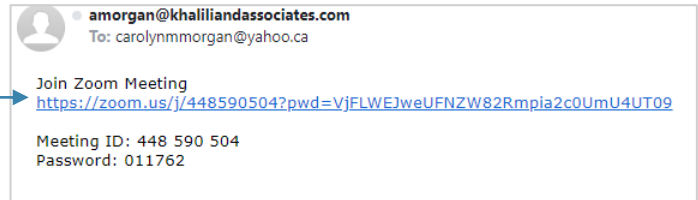
Option #1: Downloading Zoom App on an Android or Apple Mobile Device

1. Download the **Zoom** App from the 'Play' or 'App' store.
 - Search **Zoom**.
 - Click **Install**.

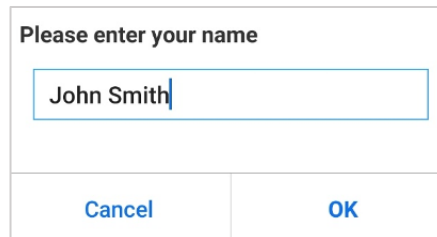


Option #1: Join a Zoom Meeting via Mobile App

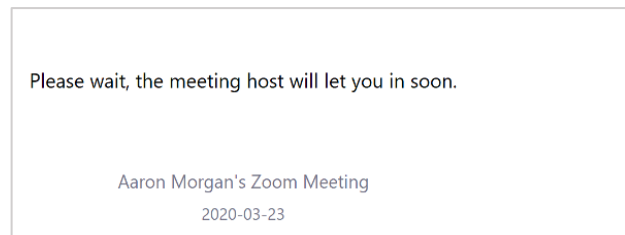
1. You will receive an email invitation from your Health Care Provider. Please click the link provided to access your appointment.



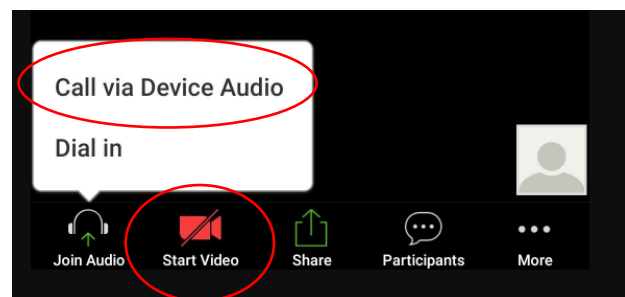
2. Enter your name (i.e. John Smith). Click **OK**.



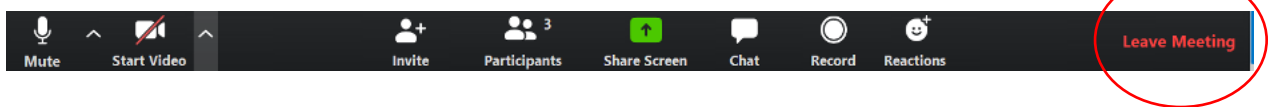
3. You will be placed in the waiting room. Your Health Care Provider will admit you to the meeting when it is time to join your session.



4. Once admitted by your Health Care Provider, please click **Call via Device Audio** and **Start Video**. If prompted by Zoom to access your audio, take pictures and record video, please click **Allow**. Your appointment will begin.

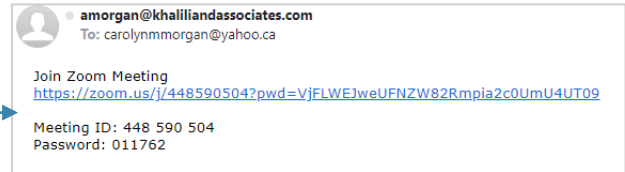


5. When your session has finished, click **Leave Meeting**.

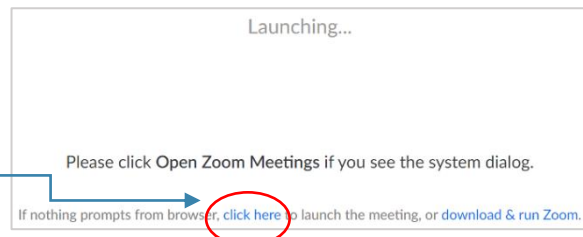


Option #2: Join a Zoom Meeting Via Windows (Desktop/Laptop)

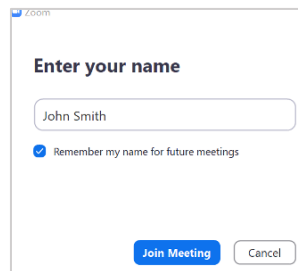
1. You will receive an email invitation from your Health Care Provider. Please click the link provided to access your appointment.



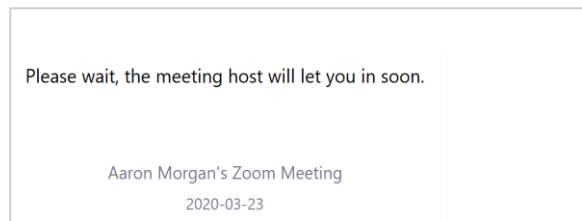
2. You will receive notification that Zoom is launching. This may take a few minutes. If Zoom does not automatically launch, please select **Click Here** to launch the meeting.



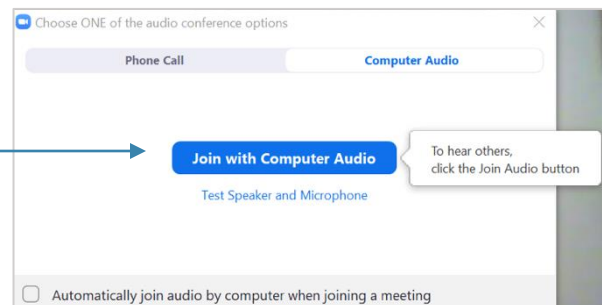
3. Enter your name and click **Join Meeting**.



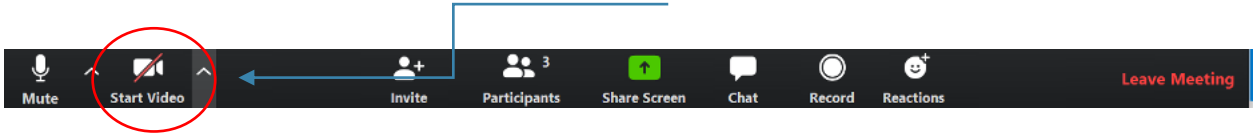
4. You will be placed in a waiting room. Your Health Care Provider will admit you to the meeting when it is time to join your session.



5. Once admitted by your Health Care Provider, please click **Join with Computer Audio**.



6. At the bottom of your screen, click **Start Video**. Your meeting will begin.



7. When your session has finished, please click **Leave Meeting**.

